Promoting Self-Regulation Through Games: Professional Development Module
Transcript for Slide 6 – Move to the Magic Word

Teacher: “W.” And when you heard that word, show me what you had to do. What did you have to do? There it is. You said you had to wiggle. But could you wiggle if you heard a different word? No, so your body – that's right – you have to stay still, so your body has to have some control. Let me see. The magic word today is going to be jiggle! Everybody say jiggle.

Group: Jiggle.

Teacher: Jiggle. What sound do we hear with jiggle?

Group: “J”

Teacher: “J.” And what letter makes that sound?

Group: “J!”

Teacher: Alright, so jiggle is the magic word! If I don't say jiggle what are you gonna do?

Group: Freeze!

Teacher: You're going to freeze. Are you ready to try it out? I'm gonna make it tricky. I'm gonna say other words that start with “J” sound.

Ready, set – jiggle!

Freeze!

Ready, set – jump!

Wow that was pretty good!

Ready, set – jiggle!

Freeze!

Ready, set – jelly!

Group: (Laughs)

Teacher: Ah! I said jelly not jiggle.

Ready, set – jiggle!

Freeze!

Ready, set – jellybeans!

Group: (Laughs)

Teacher: Ready, set – jellyfish!

Group: (Laughs)

Teacher: You guys are pretty good at this! Ready, set – jiggle!

Jiggle up high! Jiggle down low! Jiggle to the left! Jiggle to the right! Now jiggle your hands out of sight. Everybody go back down. You guys are good. I couldn't trick you.

Group: (Laughs)